

Skills for Effective Language Learning For Coaches

A list of lesson topics and *some of the skills* you'll learn in each lesson.

Lessons 1-5: Novice Skills

Lesson 1: How to plan for long-term learning

- How to identify language needs/set realistic goals
- How to identify/address challenges to reaching goals

Lesson 2: How to use a process for learning (GLUE).

- How to work with a language helper to elicit natural language
- How to develop and use simulations to improve verbal and non-verbal communication

Lesson 3: How to learn vocabulary so it sticks

- Strategies and techniques for learning vocabulary effectively and enjoyably

Lesson 4: How to move from “hearing” to “listening”

- How to increase your comprehension in live listening situations
- How to find/create appropriate listening materials and use them effectively

Lesson 5: How to develop conversation skills.

- How to manage communication anxiety
- How to create dialogues for everyday interactions

Lessons 6-10: Intermediate Skills

Lesson 6: How to balance and manage your learning activities

- How to create daily/weekly schedules for reaching language goals
- How to develop language fluency and accuracy

Lesson 7: How to build and develop your vocabulary

- How to create/use thematic sets for learning words
- How to use “deep” learning strategies

Lesson 8: How to learn grammar so it sticks

- Strategies and techniques for learning grammar effectively and enjoyably

Lesson 9: Strategies and Techniques for developing listening comprehension

- How to find comprehensible input online
- How to create extensive listening activities and use them effectively

Lesson 10: How to become a better communicator

- How to identify and learn the discourse patterns of your target language
- How to self-assess your learning



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